

Fall Seed Starting Calendar for Vegetable Gardens

Write your date next to the approximate planting date. I do my planting on the weekends.

Vegetable	Sowing Date	Your Sowing Date
Bush Beans	once weekly until 85 days before frost	
Broccoli	every 2-3 weeks until midsummer, until 70-84 days before frost	
Carrots	every 2-3 weeks until midsummer, until 85 days before frost	
Cauliflower	2 1/2 months after first sowing	
Cucumbers	every 2 weeks until midsummer, until 86 days before frost	
Kale	midsummer planting for fall harvest	
Leeks	2 weeks after first planting	
Lettuce	every 3 weeks until midsummer; start again in late summer	
Peas	every 3 weeks until late spring and again in late summer	
Spinach	every 2 weeks until temperatures rise and days lengthen; again in late summer	

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